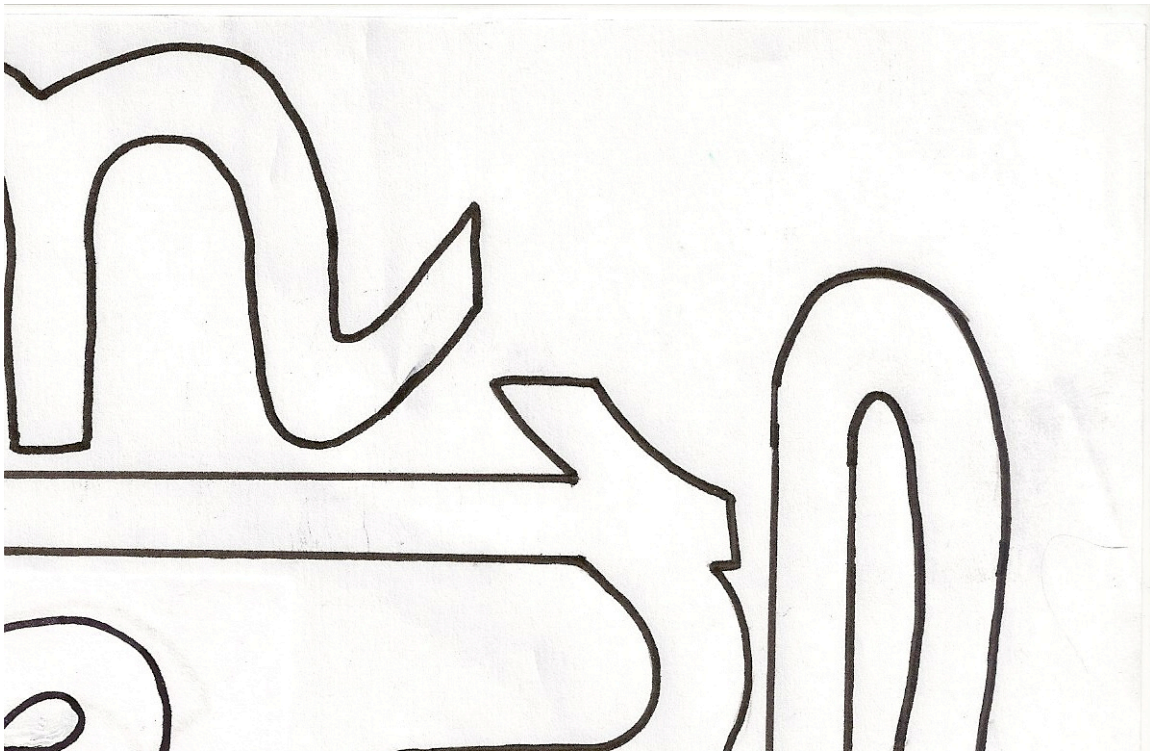मेरा हिन्दुस्तान