TARTE SAUMON ET POIREAUX



Ingredients:

- 400 g leeks
- 10 g of olive oil
- 15 g lemon juice
- 500 g fresh salmon fillets
- 300 g cream
- 2 eggs
- 1 puff pastry
- 70 g Parmesan
- salt and pepper
- Preheat oven to 180 ° (355°F)
- Clean and slice the leeks and put them in the bowl, add the oil and set for 5 minutes at 100 °c (210° F) speed 1
- When timer rings, add the lemon juice, salt, pepper and set for 5 minutes at 100 °(210°F) speed 1
- Then drain the cooked leeks in the basket and set aside and reserve.
- Cut the salmon into large dice
- Put in bowl the cream, eggs, Parmesan cheese and mix 10 seconds at speed 3
- When timer stops, add the leeks and salmon, mix 1 minute speed 2 reverse.
- Line a pie plate with puff pastry
- then pour the reserved mixture over the pastry
- Cook for about 45 minutes (180°C / 355 ° F) in the oven.

THERMOMINOUX 2013 http://thermominoux.over-blog.com