QUICHE A LA RATATOUILLE



Ingredients:

- ① 2 eggs
- ② 40 g flour
- ② 250 g milk
- ① 50 g grated cheese "gruyere"
- ② 250 g ratatouille
- ② 75 g ham cut like matches





(f) salt and pepper

Preparation:

- Preheat oven to 180 ° (355°F)
- ① put in the bowl, eggs, milk, grated cheese, salt, pepper and mix 15 seconds at speed 3
- 9 When timer stops add the well drained ratatouille and jam matches and mix 10 seconds at speed 1 reverse
- ① Place the silicone mold on a perforated plate
- ① pour preparation into the mold
- ① bake 40 minutes

You can find the recipe in the book "Simplissime" from Weight Watchers

THERMOMINOUX 2012

http://thermominoux.over-blog.com