

International Hormone Society

The evidence-based Society on traditional and advanced hormone therapies
The third biggest endocrine society in the world



A PRACTICAL APPLICATION OF TREATING ADULT HORMONE DYSFUNCTIONS (DEFICIENCIES,...)

presented by International Leading Experts

April 5th to 10th, 2008

OPENING THE AMWC 2008

Palais des Congrès

2 Place de la Porte Maillot

75017 Paris

France

Scientific Coordinator: **Dr. Thierry Hertoghe**

Speakers : among the speakers of the Anti-aging Medicine Specialization

Dr Malcolm CARRUTHERS (UK)
Dr Benoît CLAEYS (BELGIUM)
Dr Claude DALLE (FRANCE)
Dr Christophe DE JAEGER (France)
Dr Kenny DE MEIRLEIR (Belgium)
Dr John DUNPHY (Ireland)
Dr Benoît EVERARD (Belgium)
Dr Jorge FLECHAS (USA)
Dr Pascal GERARD (France)
Dr Malgorzata GODZIEJEWSKA Z (Poland)
Dr Thérèse HERTOGHE (BELGIUM)
Dr Thierry HERTOGHE (BELGIUM)
Dr Martin HILL (Australia)
Dr Steven HOTZE (USA)
Dr Mario KRAUSE (Germany)
Dr Bruno LACROIX (France)
Dr David LAI (Hong Kong)
Dr Hansjoerg LAMMERS (Germany)
Dr M. Christine LHERMITTE (Belgium)
Dr John VAN LIMBURG (Belgium)
Dr Denise MARKS (USA)
Dr Maciej MALECKI (POLAND)
Dr Jean MONRO (USA)
Dr Anna MODELKA ZIOLKIEWICZ (POLAND)
Dr Walter PIERPAOLI (Switzerland)
Dr Michael PERRING (UK)
Dr Ascanio POLIMENI (ITALY)
Pr Russel REITER (USA)
Dr Stéphane RÉSIMONT (Belgium)
Dr Erik-Alexander RICHTER (Netherlands)
Dr Ron ROTHENBERG (USA)
Dr Eugene SHIPPEN (USA)
Dr Suzie SCHUDER (USA)
Prof. Pansak SUGKRARDEK (THAILAND)
Dr Pakpilai THAVISIN (THAILAND)
Dr Jakob TEITELBAUM (USA)
Dr Eric VAN GUYSE (Belgium)
Dr Alain WALRAVENS (Belgium)
Dr Sam YUE (USA)
Dr Adrian ZENTNER (Australia)
Prof. Stefan ZGICZYNSKI (Poland)
Prof. Imre Zs-NAGY (Hungary)

And many others prominent speakers...

The International Hormone Society's Fellowship Degrees in Hormone Therapies 6-DAY COURSE

IHS certificate in hormone therapy Initiation

IHS certificate in basic hormone therapy

IHS diploma in basic hormone therapy

IHS Speciality in endocrinology and hormone therapy

World's highest level of endocrinology specialization
open to all medical specialties



CME Credits



WWW.EUROMEDICOM.COM

EuroMediCom

International Society on Hormone Therapies

THEORETICAL & PRACTICAL COURSES:
CONDUCTED IN ENGLISH



TRADUCCIÓN
SIMULTÁNEA EN
ESPAÑOL



6-Day Seminar Program

SATURDAY 5

8.30 - 10.30 am

Thierry Hertoghe

- How to treat older patients with hormones
- How to treat children with hormones
- How to treat pregnant and breastfeeding women with hormones
- How to avoid or overcome burn out syndromes

12.40 - 2.00 pm

Lunch

2h00 - 3h50 pm

Thierry Hertoghe

- Treatment of aldosterone deficiency
- Progesterone therapy in men: all about it

3.50 - 4.10 pm

Break

4.10 - 6.00 pm

- How to treat jet lag problems with aldosterone, cortisol, melatonin, light and activity
- Treatment of pregnenolone deficiency
- Interactive session

10.30 - 10.50 am

Break

10.50 - 12.40 pm

- Mild cortisol deficiency syndrome: signs, symptoms, lab tests, age-related diseases
- Safe cortisol replacement therapy
- How to solve problems during glucocorticoid treatment

SUNDAY 6

8.30 - 10h30 am

Thérèse Hertoghe

- The hormone deficiencies of famous people
- Testosterone therapy in women: physiology, deficiency symptoms and signs, age-related diseases, the better treatments

Malcolm Carruthers

- Use and uselessness of lab tests in the evaluation of testosterone deficiency in men

10.30 - 10.50 am

Break

10.50 - 12.40 pm

Marie-Christine Lhermitte
Benoît Everard

- Herbal treatments of hormone deficiencies, Phytoestrogens, flavonoids, licoricea, and many more

Thérèse Hertoghe

- Treating testosterone-deficient men with lab tests within the reference range: the scientific data
- Testosterone treatment: overview

3.50 - 4.10 pm

Break

4.10 - 6.00 pm

To be announced

- Testosterone treatment : preferred treatments
- Testosterone and diabetes, obesity
- Testosterone and prostate cancer risk

2h00 - 3h50 pm

Malcolm Carruthers

- Testosterone: physiology, actions

Thérèse Hertoghe

- How to solve problems that may occur during testosterone treatment?

- Male Testosterone deficiency syndrome: signs, symptoms & lab tests
- Testosterone deficiency & age-related disease

MONDAY 7

8.30 - 10.30 am

Claude Dalle

- Thymus extracts or thymosidine injections
- HCG treatments: improved method to treat testosterone deficiency?, HCG for improvement of sperm count, HCG treatment of obesity, etc.
- Glucagon treatment
- Oral insulin treatment for uses other than glycemic control: to increase muscle mass, etc.

- Relaxation & hormone levels

- Ghrelin: its significance

12.40 - 2.00 pm

Lunch

2.00 - 3.50 pm

Thierry Hertoghe

- Calcitonin therapy increases bone density & reduces vertebral fracture pain and non fractural back pain
- Parathyroid treatment against osteoporosis
- Oral insulin treatment for uses other than glycemic control: to increase muscle mass, etc.

10.30 - 10.50 am

Break

10.50 - 12.40 pm

Thierry Hertoghe

- Cholecystokin treatment
- Leptin treatment
- Parathyroid treatment against osteoporosis

3.50 - 4.10 pm

Break

4.10 - 6.00 pm

Thierry Hertoghe

- The medical board workshop that may save your license

HORMONE EXCESS SEMINAR 3

8.30 - 10h30 am

Thierry Hertoghe

- Acromegaly: cause, symptoms, signs, lab tests, consequences, treatment and follow-up
- Hyperprolactinemia

12.40 - 2.00 pm

Lunch

2.00 - 3.50 pm

Martin Hill

- Cushing and Cushingoid syndromes
- Adreno-genital syndrome
- Other female virilizing syndromes

10.30 - 10.50 am

Break

10.50 - 12.40 pm

Thierry Hertoghe

- Hyperthyroidism
- Hyperthyroidism & pollutants
- Hyperthyroidism & stress
- Radioactive iodine : adverse consequences

3.50 - 4.10 pm

Break

4.10 - 6.00 pm

Thierry Hertoghe

- Hyperaldosteronism
- Hyperinsulinoma

PATIENT ON STAGE DAY

8.30 - 10h30 am

David Lai

- Intensive Practical session on genetic endocrine-related polymorphisms
- Should we do genetic typing tests of stem cells before using them?

12.40 - 2.00 pm

Lunch

2.00 - 3.50 pm

Benoît Claeys,
Thierry Hertoghe

- Interactive thinking groups to collect all questions on hormone and other therapies that need answers

10.30 - 10.50 am

Break

3.50 - 4.10 pm

Break

PRACTICAL SESSION WITH PATIENTS FROM THE AUDIENCE

10.50 - 12.40 pm

Martin Hill,
Benoît Claeys

- The interactive session with patient cases coming from the practice of physicians from the audience
- Interactive thinking groups about what best helps to overcome patient cases coming from the practice of physicians from the audience

4.10 - 6.00 pm

To be announced

- Stem cell in practice: how to do the experts do it
- Are the effect of stem cells endocrine-related: some scientific data
- Effect of stem cells on diabetes
- Quality of life, neurodegenerative disorders, osteoporosis improvement with stem cells?

BALANCING THE ENDOCRINE SYSTEM

8.30 - 10.30 am

Thierry Hertoghe

- How to secure your practice in endocrinology: The scientific evidence, certificates, society guidelines, searching up data on Internet

12.40 - 2.00 pm

Lunch

2.00 - 4.15 pm

Jorge Flechas

- Oxytocin & male & female orgasm
- Oxytocin & fibromyalgia

10.30 - 10.50 am

Break

10.50 - 12.40 pm

Samuel Yue

- Relaxin, the forgotten hormone, good against fibromyalgia

End of the seminar at 4.15 pm

International Hormone Society:

The International Hormone Society is actually the third biggest endocrine physician society in the world. The society has one of the fastest growth rates in membership in medicine: 100 to 200 new physicians become members every month. It is open to physicians of all medical specialties who specialize in hormone therapies. It provides high quality information on new and advanced therapies such as testosterone treatment in men and women, DHEA, melatonin, adult growth hormone treatment for example. Its focus is to disseminate information on the latest



cutting-edge endocrine advances, as well as practical information in teaching physicians how to administer safely and efficacy hormone therapies. It has published innovating and well-documented consensus on hormone therapies. Most of them have already been signed by more than 1000 physicians from all over the world. It is patient-oriented and incorporates two patient associations: the International Hormone Society Patient Association and the International Thyroid Patient Organisation.

Website: www.intlhormonesociety.org

Dr Alfredo BELUZARRI (SPAIN)

Dr Dominique C ARLY (BELGIUM)

Dr Benoît CLAEYS (BELGIUM)

Dr Claude DALLE (FRANCE)

Dr Thérèse HERTOGHE (BELGIUM)

Dr Mario KRAUSE (GERMANY)

Dr Denise MARK (USA)

Dr Walter PIERPAOLI (SWITZERLAND)

Dr Michael PERRING (UK)

Dr Ascanio POLIMENI (ITALY)

Prof. Russel REITER (USA)

Dr Eugene SHIPPEN (USA)

Dr Suzie SCHUDER (USA)

Prof. Pansak SUGKRAROEK (THAILAND)

Dr Pakpilai THAVISIN (THAILAND)

Dr Jakob TEITELBAUM (USA)

Dr Cass TERRY (USA)

Dr Adrian ZENTNER (AUSTRALIA)

Prof. Stefan ZGLICZYNSKI (POLAND)

Prof. Imre ZS-NAGY (HUNGARY),

Dr Alexander ROEMMLER (GERMANY)

and many more

MONDAY MAY 5

- Growth hormone (GH): introduction & physiology
- GH deficiency & treatment in children
- Exercise & GH production
- Adult GH deficiency: signs, symptoms, lab tests
- Treating GH-deficient patients with lab tests within the reference range
- Tips on how best to treat GH deficiency in adults: benefits, risks, doses...
- Mind techniques & GH • Drink and food influences on GH
- GH secretagogues
- Potential risks of growth hormone treatment: diabetes, premature death, etc.
- Pregnenolone treatment • 7-keto-DHEA
- Creative visualisation & longevity
- Melatonin studies

WEDNESDAY MAY 7

- Female hormone deficiency syndrome: signs & symptoms, age-related diseases
- Safe female hormone for pre and postmenopausal replacement therapies: benefits, risks & how to do it?
- Treating oestrogen and progesterone deficiencies in patients with lab tests within reference ranges
- Relationships of the ovarian system & the thyroid & adrenal hormones
- Correction of menstrual cycle disorders & other hormone imbalances in women
- Female hormone replacement: the critical studies
- DHEA deficiency and therapy: Treating DHEA deficiency in patients with lab tests within reference ranges
- Oestradiol therapy of men
- Serotonin deficiency and treatment

FRIDAY MAY 9

- Practical seminar on patients with cardiovascular disease treated with corrective hormone therapies
- The microhormone of the heart and arteries: the eicosanoids
- How to optimize sportsmen without hormones
- Practical seminar on patients with skin and hair disease treated with corrective hormone therapies
- IHS Review of the whole year

TUESDAY MAY 6

- Neuroendocrinology: how it affects the body
- Hormone lab tests for diagnosis and follow-up : best tests, their interpretation, optimal and reference values, frequency, etc.
- Movements & hormone levels
- Treating DHEA, oestrogen and progesterone deficiency in patients with lab tests within reference ranges
- Treating melatonin deficiency in patients with lab tests within reference ranges
- Diabetes insipidus
- Vasopressin therapy to improve memory and dehydration
- Position & hormone levels
- MSH therapy: for pigmentation and grey hair?
- ACTH therapy & total alopecia • Melatonin deficiency and replacement therapy • Critical studies on cancer and sleep • TRH as a hormone therapy • The aging clock in the pineal gland • Melatonin and age-related diseases

THURSDAY MAY 8

HORMONE EXCESS SEMINAR 3

- Doping in sport and everyday life: frequency, how to detect the difference between doping and corrective hormone therapies
- Excess melatonin
- Excess vasopressin
- Vit. D & hyperparathyroidism
- Hyperparathyroidism • hypercalcitoninemia
- Polycystic ovaries • Hyperestrogenism in women
- Hyperestrogenism in men • DHT excess in men
- Treatment and follow-up, paramedical tests in Endocrinology

SATURDAY MAY 10

- Five years experience of HRT with growth hormone
- Practical sessions on patients with psychiatric disease treated with corrective hormone therapies
- Practical seminar on patients with rheumatoid diseases and osteoporosis treated with corrective hormone therapies

HOTELS & ACCOMODATION

A number of rooms close to Le Palais des Congrès has been booked especially for the delegates at negotiated prices

Two ways to book your room: ♦ Internet: www.euromedicom.com/hotels.htm

♦ Conferencia Travel Tel. +33 1 45 55 85 30 - Fax. +33 1 44 18 36 55 Hotels@conferenciatravel.com

HOTEL	METRO	DISTANCE to congress	SINGLE 1 bed /1 pax	DOUBLE 1 large bed/2 pax	TWIN 2 beds/2 pax
CONCORDE LAFAYETTE **** 3, place du général Koenig Porte Maillot 75017 PARIS	Ligne 1	on site	220 €	230 €	230 €
LE MERIDIEN ETOILE **** 81, boulevard Gouvion Saint Cyr Porte Maillot 75017 PARIS	Ligne 1	facing	245 €	255 €	255 €
BEST WESTERN PERGOLESE**** 3, rue Pergolèse Argentine 75016 PARIS	Ligne 1	5 min. walk	245 €	260 €	260 €
HOTEL MONTFLEURI **** 21, avenue de la Grande Armée Argentine 75016 PARIS	Ligne 1	10 min. walking	220 €	230 €	230 €
BEST WESTERN PREMIER OPERA RICHPANSE**** Concorde 14, rue du Chevalier Saint Georges 75001 PARIS	Ligne 1	5 min. by metro	215 €	240 €	250 €

Family Name First Name

Institution & Specialty

Address

Zip code City Country

Tel Fax..... E-mail

Before March 10, 2008 After March 10, 2008

IHS PARIS - April 5 to 10, 2008 (6-day Seminar): 1790 € 1890 €
 April: 5 6 7 8 9 10 330 € x ___day(s) of attendance

IHS FLORENCE - May 5 to 10, 2008 (6-day Seminar): 1790 € 1890 €
 May: 5 6 7 8 9 10 330 € x ___day(s) of attendance

DAILY RATE - Less than the full seminar - X number of days of attendance

I hereby pay my registration for an amount of:€

- Bank CHECK** in € payable to **Euromedicom** (Europe only)
- Bank transfer** in € payable to **Euromedicom** (do mention IHS with your transfer and add + 15 € for bank charges)

HSBC HERVET ASNIERES

Branch code: **00084** SWIFT - BIC : **BHVTFRPP** Account number: **008416G001**
 IBAN: **FR92 3036 8000 8400 8416 G000 161** Bank code: **30368**
 Key digits: **61** Account holder: **Euromedicom SARL**

- Credit Card:** Visa Amex EuroCard/Mastercard Diners Club

Credit card number: _____
 Card holder's name: _____
 Expiry date : _____ 3 digits code _____ (obligatory)

Signature

- I register to become a member of the International Hormone Society (5-year free membership)
- I am interested in attending the **International Hormone Society**, please **send me more information**.

CANCELLATION: + 30 days before: refund -10 % - Between 30 and 15 days: refund -50 % Less than 15 days before: no refund



Degrees in Endocrinology & Hormone Therapy

Open to all medical specialties - Essential for physicians who treat patients with hormone therapies

IHS OFFERS AN ADVANCED, HIGH QUALITY EDUCATION IN ENDOCRINOLOGY AND HORMONE THERAPY: Goal of IHS is to provide evidence-based information and practical knowledge in endocrinology necessary for physicians of all specialties who treat patients with hormone therapies. The International Hormone Society has created a three-year **400-hour fellowship in endocrinology and hormone therapy that started in October 2007** with a repetition of the first three days in February 2008.

INFORMATIVE SCIENTIFIC AND PRACTICAL CONTENT: The IHS programs are ideal training for physicians of any specialization who want to expand the scope of their practice by providing safe hormone treatments. For the traditionally trained endocrinologists, IHS offers the unique opportunity to continue their medical education and broaden the range of evidence-based treatment options offered in their practice.

The IHS specialties provide the most comprehensive information, giving physicians the necessary tools to provide care for any hormone abnormality encountered in their practices.

ESSENTIAL EVIDENCE-BASED INFORMATION ON THE ENDOCRINE SYSTEM & HOW TO IMPROVE HORMONE LEVELS NATURALLY BY THE FOLLOWING:

IHS specialties cover topics such as adult growth hormone replacement, testosterone treatment for women, safe estrogen and cortisol therapies, and the uses of pregnenolone, leptin, oxytocin, melatonin, DHEA, parathyroid hormone, calcitonin, nasal insulin, vasopressin treatment, progesterone in women and men, and many more. The information is always solidly backed by scientific evidence.

IHS specialties focus not only on the treatment of severe hormone deficiencies or excesses, but also on the correction of milder forms of endocrine dysfunctions commonly seen in doctors' offices.

Workshops where international experts share their experiences are a fundamental part of the training. You get all the practical information you cannot get elsewhere.

EVIDENCE-BASED ENDOCRINOLOGY: All the data presented in the courses of the Specialty in Endocrinology and Hormone Therapy are extensively referenced. Many cutting-edge studies are presented, critically analyzed and the material is enriched with practical tips on using the information in your medical practice.

EXPERTS FROM ALL OVER THE WORLD: Many of the speakers of the IHS specialties rank among the best experts in their field. They are experienced physicians who excel in teaching physicians how to treat patients safely and efficiently.

IHS DEGREES IN ENDOCRINOLOGY AND HORMONE THERAPIES: In addition to receiving certificates of attendance for each seminar and course, the following four degrees can be successively attained.

IHS SPECIALTY	DEGREE	HOURS	REMARKS
1. Hormone Therapy Initiation	Certificate	72 hours	A high quality introductory course in hormone therapy consisting of 3 seminars of 3 days (72 hours) plus an exam.
2. Basic Hormone Therapy (1 st year)	Certificate	130 hours	Basics with practice hints, 130 hours of courses, plus exam.
3. Hormone Therapy 1 st & 2 nd years	Diploma	240 hours	First year (basic) and second year (advanced): basics and practice, each year consists of at least 240 hours of courses, plus exam
4. Endocrinology and Hormone Therapy Specialty	Masters	320 hours +80 hours of Thesis	Adds a third year (masters): of additional 80 hours of courses (an extensive review of the literature on an endocrine topic or a specialized research project), plus exam and thesis submitted and formatted for publication



EuroMediCom

29 Boulevard de la République - 92250 La Garenne-Colombes • FRANCE

Tel: +33 1 56 837 800 - Fax: +33 1 56 837 805

IHS08@euromedicom.com • www.euromedicom.com

