

# A CHY BREAKY HEART



Chorégraphe : Mélanie GREENWOOD - Nashville, TENNESSEE - USA / 1992

LINE Dance : 32 temps - 4 murs

Niveau : débutant / intermédiaire

Musique : **Achy breaky heart - Billy Ray CYRUS - BPM 124**

Traduit et préparé par Irène COUSIN, Professeur de Danse - 1 / 2007

## **Introduction : 16 temps , commencer à danser sur le chant**

### *GRAPEVINE RIGHT, HOLD, HIP BUMPS, HOLD*

1.2.3 VINE à D : pas PD côté D - CROSS PG derrière PD - pas PD côté D

4 **HOLD**

5 à 8 3 BUMP HIPS ROCK : G. D. G - **HOLD**

### *TOUCH, TAP, TOUCH & 1/4 PIVOT, 1/2 PIVOT & STEP BACK*

1.2 TOUCH pointe PD arrière - TOUCH pointe PD côté D

3 TOUCH pointe PD devant PG , avec **1/4 de tour G** ( appui PG )

4 **1/2 tour PIVOT vers G** sur BALL du PG..... pas PD arrière

### *WALK BACK, 1/4 TURN, WALK BACK, STOMP, HIP BUMPS*

1.2 2 pas arrière : G. D.

3.4 **1/4 de tour G** .... HITCH ( genou G en l'air ) sur BALL du PD - pas PG à côté du PD

5.6.7 3 pas arrière : D. G. D.

8 STOMP PG à côté du PD + **CLAP**

9.10 pas PG côté G.... ROCK HIPS à G ← - ROCK HIPS à D →

11.12 ROCK HIPS à G ← - HOLD

### *1/4 PIVOT, STOMP, 1/2 PIVOT, GRAPEVINE RIGHT, STOMP + CLAP*

1.2 **1/4 de tour D**.... pas PD avant - STOMP-up PG à côté du PD + **CLAP**

3.4 **1/2 tour G**.... pas PG avant - STOMP-up PD à côté du PG

5.6.7 VINE à D : pas PD côté D - CROSS PG derrière PD - pas PD côté D

8 STOMP PG à côté du PD + **CLAP**

# Achy Breaky Heart

Choreographer : Melanie GREENWOOD , Nashville , TENNESSEE - USA 1992

Counts : 32

Steps : 29

Dance : 4 Wall

Level : Intermdte

Musique : 122 - Achy breaky heart - Billy Ray CYRUS

Straight Talk - Dolly Parton (Slow)

Pink Cadillac - Southern Pacific (Medium)

Thing About You - Southern Pacific (Medium)

136 - Ain't Nothing Wrong With The Radio- A.Tippin

Featured In : RK Country Issue 2

The New C&W Line Dancer's Reference Handbook - J. Woolman

Linedancer Magazine September 1997

<http://www.linedancermagazine.com/asp/displaydancescript.asp?danceid=18>

1992 "Achy Breaky Heart" recorded by [Billy Ray Cyrus](#) "burst on the radio airwaves in the spring of 1992. The catchy, rhythmic tune became a national phenomenon that summer, igniting a dance craze (Achy Breaky by Melanie Greenwood), a hit video and pop crossover airplay." The [lyrics](#) were automatically sung by nearly every dancer while doin' this line dance ....sometimes up to 4 times each night at venues around the world! View dance ranking [2001](#).

[http://www.westerndancers.fi/tansseja/achy\\_breaky\\_heart.html](http://www.westerndancers.fi/tansseja/achy_breaky_heart.html)

Probably, one of the most widely recognized Line dances is the "Achy Breaky," which was choreographed by Melanie Greenwood for Billy Ray Cyrus' hit single "Achy Breaky Heart."

Line dance climbed into bed with country music when Billy Ray Cyrus wrote Achy Breaky Heart in 1992. A clever marketing trick, Melanie Greenwood's dance was written to promote the song. Five years later and Achy Breaky Heart has snowballed into the biggest dance craze ever, line dancing choreographed to country music.

Whilst Garth Brooks proved instrumental in reviving the flagging fortunes of Country Music his compatriot Billy Ray Cyrus, ably assisted by Melanie Greenwood, must be credited for the quantum leap forward that line dancing was to take in the 1990's. Not only was the track "Achy Breaky Heart" a phenomenal recording success, spawning a new breed of country music fans referred to as the "Cyrus Virus", but Melanie's 32 count, four wall dance of the same name was to catapult line dancing into the international limelight, it is why, as we approach the millennium, line dancing has reached almost every point of the globe.

# Achy Breaky

TYPE	4 Wall Line Dance	RATING	Advanced Intermediate
COUNT	32	STEPS	32
CHOREOGRAPHER	<b>Melanie GREENWOOD</b> - Nashville, Tennessee		
SOURCE	Mercury Records, Nashville, Tennessee		
MUSIC	106 BPM "Home Sweet Home" - Dennis Robbins 120 BPM "Some Kind Of Trouble" - Tanya Tucker 124 BPM " <b>Achy Breaky Heart</b> " - <b>Billy Ray Cyrus</b>		
NOTE	Steps begin after 2nd 8 count (when vocals begin) in "Achy Breaky Heart".		

## GRAPEVINE RIGHT, HOLD, HIP BUMPS, HOLD

- 1-2 Step RIGHT to right side; Step LEFT behind Right  
3-4 Step RIGHT to right side; Hold or pause 1 beat  
5-6-7 Bump hips (left-right-left)  
8 Hold one beat with LEFT hip out

## TOUCH, TAP, TOUCH & 1/4 PIVOT, 1/2 PIVOT & STEP BACK

- 9-10 Touch RIGHT toe behind; Tap RIGHT toe to the right  
11 Touch RIGHT toe forward and pivot 1/4 turn to the left  
12 Pivot 1/2 turn to the left on ball of Left foot and step back on RIGHT

## WALK BACK, 1/4 TURN, WALK BACK, STOMP

- 13-14 Step back on LEFT foot; Step back on RIGHT foot  
15-16 Raise LEFT knee and turn 1/4 turn left; Step down on LEFT foot  
17-19 Walk back 3 steps (RIGHT-LEFT-RIGHT)  
**20** Stomp LEFT foot next to Right

## HIP BUMPS

- 21 à 23 Bump hips (LEFT-RIGHT-LEFT)  
24 Hold one beat with LEFT hip out

## 1/4 PIVOT, STOMP, 1/2 PIVOT, STOMP, GRAPEVINE RIGHT, STOMP

- 25-**26** Pivot 1/4 turn to right; Stomp LEFT foot next to Right  
27-28 Pivot 1/2 turn to left; Stomp RIGHT foot next to Left  
29-30 Step RIGHT to right side; Step LEFT behind Right  
31-**32** Step RIGHT to right side; Stomp LEFT next to Right [*weight on Left foot.*]

## BEGIN DANCE AGAIN

## VARIATION :

When you become comfortable with the dance steps, try adding a hand **clap** each time you stomp your feet (steps **20, 26 & 32**)

[http://www.country-time.com/archives/arch/ld/a/achy\\_breaky\\_\(mg\).htm](http://www.country-time.com/archives/arch/ld/a/achy_breaky_(mg).htm)