

Entraînement Géant
26 décembre 2009

| | Manche 1 | | Manche 2 | |
|-----------------------------|-----------------|-----------|-----------------|-----------|
| | Temps | Cl | Temps | Cl |
| Thibault Lardat | 45.29 | 6 | 45.39 | 5 |
| Jérémie Ferrer | DISQ | - | 44.03 | 2 |
| Simon Lechene | 44.79 | 5 | 45.72 | 6 |
| Quentin Armengaud | 43.76 | 2 | 43.97 | 1 |
| Léo Heins | 43.91 | 3 | 44.28 | 3 |
| Sarah Buzeret | 47.87 | 9 | 48.72 | 12 |
| Lucas Zinnato | 43.37 | 1 | DISQ | - |
| Joseph Pacalet | | - | 46.74 | 7 |
| Maxime Larribère | 47.59 | 8 | 47.55 | 10 |
| Raphael Giraud | 47.01 | 7 | 47.49 | 9 |
| Nicolas Péluhet | 50.41 | 13 | 49.44 | 13 |
| Bernard Bayle | ABD | - | 58.05 | 19 |
| Bastien Laffeuillade | 53.89 | 16 | 52.53 | 17 |
| Yoan Caens | 48.74 | 10 | 47.02 | 8 |
| Oscar Lapicorey | 53.05 | 14 | 50.87 | 15 |
| Hugo Durruty | NC | - | 45.12 | 4 |
| Camille Berrecourt | 57.96 | 18 | 58.00 | 18 |
| Hugo Texier | 54.62 | 17 | ABD | - |
| Charlotte Dupla | 49.14 | 11 | 48.33 | 11 |
| Virginie Laporte | 49.30 | 12 | 51.96 | 16 |
| Laura Aoustin | ABD | - | 50.58 | 14 |
| Bastien Lardat | 43.97 | 4 | ABD | - |