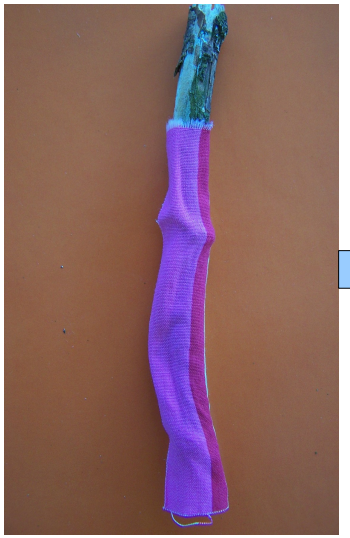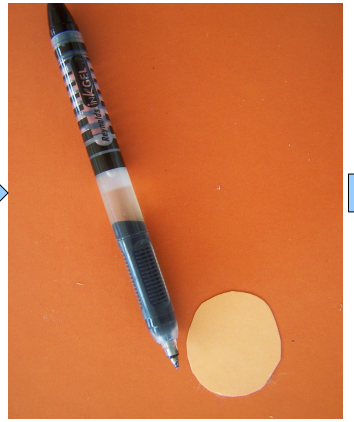Réalisation d'une poupée-tracas: « il faut suivre les flèches »