

Horse rider's Sussex stop-off on British Isles adventure

A SWISS policewoman rode into a village on a horse-riding adventure around the British Isles.

She travelled all the way from Switzerland on her horse without knowing anyone.

Sarah Voorstuy, from Folkington, got a phone call from friends near Rye on Monday who told her the woman had ducked into their home to escape a storm, and now she needed lodging in Folkington.

Sarah said: 'She turned up on her horse after leaving my friends.

'I was very surprised but we do have horses here.

'It's an amazing feat for her, she has already ridden 1,000 kilometres.'

Jessica Digler, 25, is spending the next year-and-a-half trekking on Gitan, her French trotter horse.

She said: 'I quit my police job to go horse-riding.

'It was my dream and I did not like my job any more.'

Jessica felt she had been warmly welcomed by local people.

She added: 'I think my horse likes the English grass.

'Sometimes I walk beside Gitan, he does not always ride.

'British people are being very friendly to us.'

Jessica is raising money for two charities in Switzerland which help horses and homeless people.

She wants to move on from the Polegate area, trek over the South Downs, and then reach Land's End.

There the horserider plans to take a ferry to Dublin, travel around Ireland and



Jessica Digler has travelled all way from Switzerland on her horse Gitan
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continue up to Scotland.

Then she will go back down south and eventually return to Switzer-

land.

She said: 'I will know what to do next when I return home.'