Vocabulary

- cigarette pack
- flashmob
- to take a day off
- carcinogens
- Big Tobacco
- Buckteeth
- Gimpy
- target customers
- addictiveness
- smoking-related disease
- tobacco products
- light up
- put out
- ashtray
- penalty
- smoking bans
- awareness campaign
- law enforcement



NHS

It's a tangle! We've found it's one of the most popular items in the Quit Kit. It's a great way to keep your hands busy and take your mind off cigarettes. So keep it handy for the next few weeks.

SMOKEFREE