



Bicycle Helmet Ear Warmers

A knitting pattern by Amy O'Neill Houck

Year-round bicycle commuters know that rain and wind can chill your ears and lower your body temperature making your ride unpleasant. These easy-to-knit wool ear covers are designed to slide onto bike helmet straps. They're warm and they'll stay put.



Materials

1 skein Brown Sheep Lamb's Pride Worsted (85% Wool, 15% Mohair, 190 yards/174 meters per 4 oz /113 g,)

Size 8/5mm needles

Yarn needle to weave in ends

Gauge: 20 stitches and 24 rows = 4 in/10 cm.

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Instructions

Ear Warmer Pieces
make 4

Cast on 36 sts

Work three rows of k1, p1 ribbing

Row 4: Knit the first 5 stitches, k2tog (dec). Knit to the 7th stitch from the end of the row, ssk (dec). (34 sts).

Row 5: Purl every stitch.

Rows 6-26: Repeat rows 4 and 5 eleven times (until the decreases from either side meet in the center).

Rows 27-32: Work in stockinette st. Bind off. Weave in ends.

Assembly:

Take two pieces and hold right sides together. Sew up both sides leaving top and bottom open. Repeat with remaining two pieces.

Weave in ends.

How to wear them: With the wide end at the top, slide one side of helmet strap through each ear warmer. Adjust the straps and enjoy the warmth!

About the Designer

Amy O'Neill Houck is a writer, designer, and teacher living in Takoma Park, MD with her kids and all-weather-cycling husband. Her work has appeared in books and magazines including, Crochet Today, Interweave Crochet, and CrochetMe.com. When she's not writing about fiber, you can find Amy in the kitchen developing vegan recipes and writing for Vegetarianbaby.com and Veg News magazine. Amy blogs at The Hook and I, <http://www.thehookandi.com>.



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